

For Christians, it is through the Life, Death and Resurrection of Jesus that new life

Jesus reveals the way to eternal life for us and so a new life begins here and now, a life which will culminate in future glory.

The Lenten journey is one which takes us to the glory of Easter Sunday, from death to new life.



DEATH & NEW LIFE



OUR BIG QUESTION

Can any good come from loss and death?



REFLECTION

Lord, when I am hungry give me someone to feed;

When I am thirsty give water for their thirst.

When a burden weighs upon me lay upon my shoulders the burden of my fellows.

Lord, when I stand greatly in need of tenderness, give me someone who yearns for love. May your will be my bread;

Your grace my strength; Your love my resting place.

KEY VOCABULARY

Loss death change
growth

The Triduum

Easter Vigil Paschal

SCRIPTURE

John 6: 35, 37, 51, 60, 67-68

John 11: 1-43

John 12: 24-25

John 19: 16-21, 25-30, 38-42

John 20: 1-8