

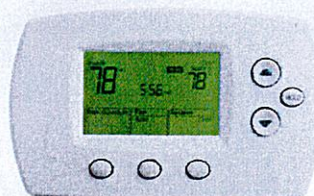


Last year, our diocesan schools taking part in the St Joseph's Penny appeal raised enough money to provide:

6,875 personal care packs,
meaning that people who come to
Caritas for support have toiletries
they need, which might include
toothbrush and paste,
shower gel, deodorant,
period products,
shaving items.



2,200 energy top up cards, so
that householders do not have to
make the terrible choice between
eating or heating.



500 weekly food shops. Feeding
your family is tough enough when
you have no money, but even worse
if you are caught up in a crisis such
as chronic illness,
bereavement or
fear of eviction.



37 sponsored rooms providing
safe, supported accommodation
for a year, preventing around 150
people from being homeless.



*Thank you so much for your kindness and for helping people
across Greater Manchester and Lancashire.*

Find out more about this year's appeal
or order your boxes now:
www.caritassalford.org.uk/SJP